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CAMPUS

DETOX FOR FRESHERS

THEY GREW UP ONCE AGAIN

Life for 406 B.Tech first year students on the campus of country's premier engineering institute begins with month-long counselling programmes and 'Know Yourself programmes'

● **Express Features**

With the onset of the new session, the first-year B.Tech students at IIT Bhubaneswar took part in a special rejuvenation and orientation programme on its campus for getting 'detoxified' from the unhealthy effects of the examination centric coaching for the entrance test. Designed by the institute's

director, the month-long programme made students 'unlearn' whatever 'unhealthy' practices they were subjected to learn at coaching institutes.

Launched on Thursday, the programme has several components. The freshers appeared for an English Language diagnostic test, both written and oral, to learn about their strengths and weaknesses.

In addition, the institute's



wellness centre organized special counselling sessions in order to help the students understand the nuances of campus life. This will be followed by "Know Yourself" programme through online submission of questionnaire from August 23 to 28, 2019 along with a Heritage Trip to Konark Temple, Dhauli, Khandagiri, Udayagiri, Ekamra walks and Ba-



rumee Hills later in August and September. The students will also be encouraged to adopt the cy-

cling culture of the campus. As part of the detox programme, they will be encouraged to practise yoga and attend lectures on life skills. The student cells will also organise 'Fresher's (Fachakas) got talent' programme on August 11 at Brahmaputra Halls of Residence. With increasing cases of student suicides and stress being reported from various part of the country, the institute has collaborated with Sri Sri University to arrange for special counselling sessions in the last week of July.

This year, 406 students got admitted to the B.Tech courses. The institute had conducted registration programme for the newly admitted students on July 23. The institute's director claimed that the students would be provided holistic education.

The first-year classes will commence from July 29.